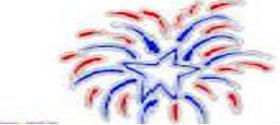


# SEEKONK COUNCIL ON AGING

## JULY 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Wii Exercise 10am</p> <p>Senior Exercise at Seekonk Total Fitness \$1 11:30 - 12:15</p> <p>Knitting 12:30 - 2:30</p>	<p>3</p> <p>Seekonk Senior Shopping Day Wal-Mart, Stop &amp; Shop &amp; Price Rite - 10:15am - 11:30am</p>	<p>4</p> 	<p>5</p> <p>Senior Exercise at Seekonk Total Fitness \$1 10:30 - 11:15</p> <p>Movie Showing 1pm</p>	<p>6</p> <p>Mexican Train (Dominos) 10am - 12pm</p>
<p>9</p> <p>Wii Exercise 10am</p> <p>Senior Exercise at Seekonk Total Fitness \$1 11:30-12:15</p> <p>Knitting 12:30 - 2:30</p>	<p>10</p> <p>Seekonk Senior Shopping Day Wal-Mart, Stop &amp; Shop &amp; Price Rite - 10:15am - 11:30am</p>	<p>11</p> <p>Post 4th of July Party! 10am Entertainment by Barney Mallon</p> 	<p>12</p> <p>Senior Exercise at Seekonk Total Fitness \$1 10:30 - 11:15</p> <p>Movie Showing 1pm</p>	<p>13</p> <p>Mexican Train (Dominos) 10am - 12pm</p>
<p>16</p> <p>Wii Exercise 10am</p> <p>Senior Exercise at Seekonk Total Fitness \$1 11:30-12:15</p> <p>Knitting 12:30 - 2:30</p>	<p>17</p> <p>Seekonk Senior Shopping Day Wal-Mart, Stop &amp; Shop &amp; Price Rite - 10:15am - 11:30am</p>	<p>18</p> <p>Wii Exercise 10am</p>	<p>19</p> <p>Senior Exercise at Seekonk Total Fitness \$1 10:30 - 11:15</p> <p>Movie Showing 1pm</p>	<p>20</p> <p>Mexican Train (Dominos) 10am - 12pm</p>
<p>23</p> <p>Wii Exercise 10am</p> <p>Senior Exercise at Seekonk Total Fitness \$1 11:30-12:15</p> <p>Knitting 12:30 - 2:30</p>	<p>24</p> <p>Seekonk Senior Shopping Day Wal-Mart, Stop &amp; Shop &amp; Price Rite - 10:15am - 11:30am</p>	<p>25</p> <p>Brown Bags 12:30 - 1:30 @ Seekonk Human Services</p>	<p>26</p> <p>Senior Exercise at Seekonk Total Fitness \$1 10:30 - 11:15</p> <p>Movie Showing 1pm</p>	<p>27</p> <p>Mexican Train (Dominos) 10am - 12pm</p>
<p>30</p> <p>Wii Exercise 10am</p> <p>Senior Exercise at Seekonk Total Fitness \$1 11:30-12:15</p> <p>Knitting 12:30-2:30</p>	<p>31</p> <p>Seekonk Senior Shopping Day Wal-Mart, Stop &amp; Shop &amp; Price Rite - 10:15am - 11:30am</p>	<p>Trash day will moved ahead a day the first week of July due to the 4th of July</p> <p>Have a safe and happy 4th of July!</p>		

